



petit Spa
L'OCCITANE

OUR TREATMENTS

“In its Spas, L'OCCITANE is all about the Provence that we love,
a land full of mystery where beauty is endlessly reinvented.”

Olivier Baussan
Founder of L'OCCITANE



Close your eyes, you are in Provence.

Every gesture, every ingredient, every ritual is drawn from a page of the L'OCCITANE grand herbarium, a resource of hundreds of essential oils and natural ingredients. The escape begins with scent. From the moment you enter a Spa L'OCCITANE, the fragrances transport you to Provence. Prior to your treatment, you are greeted with a “Welcome Ritual”, a footbath performed with our soothing formula. Your experience then takes you on a true olfactory journey, sequenced at every step by comforting or energizing aromas. The voyage of the senses continues through gestures, sensorial textures, relaxing music and the herbal teas inspired by Provencal traditions.

The Spa is a natural extension of our brand. In respect for authenticity, we always prefer hand-performed treatments over machines and traditional massage techniques over technologies.

Just as Provence is the land of beauty, Spa L'OCCITANE is a sanctuary of tranquility to refresh your senses and retrieve peacefulness and inner balance.



FACIALS

ANTI-AGEING

From one land of the South to another, beauty secrets grow in the fields: Immortelle from Corsica, Shea butter from Burkina Faso, peony from Drôme...The lands and rituals of the South nurture the L'OCCITANE treatments.

IMMORTELE

Divine Secret to Everlasting Youth

90mins \$180

The absolute treatment against skin-slackening for the face, neck and décolleté area. This anti-ageing facial combines 7 natural active ingredients with lifting and contouring massage techniques to help boost cellular youth and deeply rejuvenate the dermis.

The result is divine: deep wrinkles seem relaxed, fine lines smoothed, face contour firmer and the décolleté smooth and satin-soft again. Skin looks glowing with youth.

Immortelle Secret of Youth

60min \$140

From the L'OCCITANE plantations in Corsica comes a treatment rich in organic immortelle essential oil to stimulate cell renewal and collagen synthesis. The technique: a lifting and firming massage combined with acupressure points to improve microcirculation and relieve muscular tensions responsible for fine lines.

Immortelle Divine Eyes

40min \$80

For a complete eye rejuvenation, this 40mins sequence includes our signature Divine formula that intensively treats the signs of ageing, and a unique hot & cold care for lifting effect.

The perfect luxurious treat to your eyes, and a great moment of relaxation.

BRIGHTING

Immortelle Secret to Brightness

60min \$140

A high-precision treatment to combat the effects of time and sun exposure, and reveal a bright, luminous complexion. To correct and prevent the appearance of dark spot, the lifting treatment with immortelle is combined with formula enriched with bellis perennis.

DRAINAGE

PEONY

Peony Sublime Beauty

60min \$130

To deliver ideal radiance, this sublime facial incorporates skin-perfecting peony patented extract and mineral-based optical correctors to help visibly create a perfect-looking skin. Featuring our signature drainage face massage sequence, it leaves the skin smoother, velvety and more radiant... purely glowing with beauty!

SHEA BUTTER

Shea Nourishing Comfort

60min \$130

Produced by the women of Burkina Faso using traditional methods, shea butter repairs, moisturizes and restores balance to dry or overworked skin. Massage further heightens these properties and stimulates microcirculation.

CEDRAT FOR MEN

Cedrat Vivifying Skincare

60min \$130

A targeted treatment for men's skin formulated with organic Corsican cedrat extract. A draining massage helps eliminate toxins and excess sebum, to leave skin purified, invigorated and glowing with health.



BODY MASSAGES

AROMACHOLOGIE

Relaxing Aromachologie Massage

60min \$120

Swedish effleurage strokes, Chinese acupressure and Balinese massage techniques come together to stimulate circulation and ease tensions. Aromachologie essential oils – lavender, sweet orange, rosemary, bergamot, mandarin – ensure complete relaxation. The body and mind feel truly calm; sleep can come more easily.

Revitalising Aromachologie Massage

60min \$120

Swedish effleurage strokes, deeper-pressure Hawaiian Lomi Lomi and Balinese movements are combined with the properties of mint, pine and rosemary essential oils. This massage releases energy from all parts of the body. Feelings of fatigue or weakness simply disappear!

Deep Tissue Intense Relief

60min \$120

This protocol combines Hawaiian Lomi Lomi massage, acupressure and gentle stretching.

A deep-tissue massage and soothing essential oils ease muscular tension, with a focus on the back, shoulders and nape of the neck. Perfect for recuperating after a long journey.

SHEA

Shea Nurturing Massage

60min \$120

A collection of our signature techniques to best target individual needs. Relaxing light strokes ease stress, deep tissue pressures release muscular tension, revitalizing strokes and hot stones boost energy. Combined with the nourishing and repairing properties of shea butter, this unique sequence leaves skin soft and body deeply replenished!

Ideal for those who want to get a first taste of the L'OCCITANE Spa experience.







BODY TREATMENTS

ALMOND

Almond Detoxifying Balance

60min \$140

Inspired by lymphatic drainage, this massage boosts circulation and helps rid the body of toxins. The Supple Skin Oil and its pure essential oils heighten the effects of the massage. Afterwards, your body feels lighter and invigorated.

Almond Velvet of Youth

60min \$140

Combining slimming massage with anti-aging wrap, this exceptional body treatment offers to the body a unique youthful experience. The treatment begins with a condensed slimming massage using lymphatic-drainage techniques to boost circulation and help rid the body of toxins.

SCRUBS

SHEA

Shea Nourishing Scrub

45min \$100

Delicious textures enriched with shea butter, honey extract, apricot oil and finely ground nutshells gently remove dead cells and reveal a smooth, fresh and luminous skin, leaving body perfectly prepared for a treatment or massage. Recommended for dry skin.

ALMOND

Almond Firming Paste Scrub

45min \$100

This body scrub offers a gentle, yet effective body exfoliation as it luxuriously melts into the skin. Using the Almond Delicious Paste that contains almond butter, almond oil infused with crushed almonds shells and sugar crystals, the body is left perfectly smooth and soft, delicately fragranced with the notes of almond.

AROMACHOLOGIE

Revitalizing Scrub with Essential Oils

45min \$100

A softening and stimulating texture combining sugar crystals and L'OCCITANE signature blend of energizing essential oils to gently remove dead cells and reveal a smooth, fresh and luminous skin.

WRAPS

ALMOND

Almond Reshaping Body Wrap

45min \$100

An expert wrap to tone the skin, stimulate fat release and promote toxins' elimination. Almond tree bud extract rich in flavonoids is fused to firm and redefine body contours.

SHEA

Shea Ultra-Rich Moisturizing Body Wrap

45min \$100

Repairing care for very dry, sun-damaged or overworked skin. The entire body soaks up the active ingredients that nourish (shea butter and sunflower oil) and moisturize (honey extracts) the skin.



COMPLEMENTARY TREATMENTS

Before, after or during a treatment, discover a few additional pleasures created by the L'OCCITANE Spas for her and for him.

Shea Ultra-Softening Hand Care

30min \$40

A softening hand mask and massage using pure Shea butter. An extra 30 minutes of your time is all it takes for nourished, protected, soft and beautiful hands.

Leg Refresher with Essential Oils

45min \$90

A treatment for heavy or restless legs and feet. The massage that stimulates drainage for the legs and nourishes the feet with shea butter

Relaxing Aromachologie Massage for the Back

30min \$60

Specifically targets the back, shoulder and back of the neck to release tensions and stress.





TREATMENT SETS

While you take time out in the Mediterranean, offer your mind a relaxing break and your body the benefits of a complete treatment.

FACE

- Immortelle Secret of Youth Duo – Face & Eyes

90min \$180

FACE & BODY

- Journey to Provence

120min \$210

BODY

- Mediterranean Voyage – Scrub and Massage

90min \$180

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We use Braille labeling on most of our products (in English so that it is understood by the greatest number of consumers).

In line with our eco-friendly standards, this brochure is printed on paper obtained from sustainable forests. It is certified bleached without the use of chlorine.

